

POCAHONTAS COUNTY BOARD OF HEALTH
Pocahontas Court House – Assembly Room
Tuesday, March 11, 2025 – 8:00 am

Board Members Present: Donna Stall, Kyle Smith, Kylie Maurer, Polly Zaugg, Melissa Frazier, Connie Schachtner, & Annette Devereaux

Staff Present: Jill Conlin, Administrator, Kayla Nedved, Shelly Schossow, Environmental Health

1. Call Meeting to Order
 - a. The meeting was called to order by Donna Stall, Chair at 8:00am.
2. Approval of the Agenda
 - a. Motioned by Annette Devereaux, seconded by Kylie Maurer, to approve the agenda. All ayes, motion carried.
3. Approval of minutes from January 21, 2025
 - a. Motioned by Connie Schachtner, seconded by Polly Zaugg, to approve the minutes from January 21, 2025. All ayes, motion carried.
4. Maternal Health Services Update – Sara Carspecken, Webster County Health Dept.
 - a. Webster County Health Department serves 7 counties, with Pocahontas being one of them. The Maternal Health Program is being renamed to the Healthy Pregnancy Program.
 - i. This program provides enhanced prenatal support in addition to their regular prenatal care. They aim to provide services/education to first time moms, but can provide services to any moms.
 - ii. They also provide breastfeeding support and Sara is one of the certified lactation specialists, along with 4 others.
 - iii. Provide post-partum home visits for mom and baby.
 - iv. Advocate for Maternal Mental Health – Maternal Mental Health Matters Coalition was started about a year ago.
 - v. Pocahontas County Data
 1. In 2023 Pocahontas County had 69 Births and 49% were Medicaid reimbursed births. For comparison, in 2020 Pocahontas County had 75 Births and 37% were Medicaid reimbursed births.
5. Community & Family Resources Update – Victoria Slinkard, Prevention Specialist
 - a. Iowa Quit Line – Free tobacco cessation program. Once they are signed up for it, they will receive 5 free counseling sessions.

- b. My Life My Quit Line – This line is for those who are 18 and under and they also will receive 5 free counseling sessions once they sign up.
- 6. Environmental Health Report – Shelly Schossow, Calhoun County Public Health
- 7. Administrator's Report – Public Health & Home Care
 - a. Review of financial information and claims
 - b. RFA for Family Planning report and work plan from Kim Fineran at Crawford County Community Health.
- 8. Old Business
 - a. Diaper Purchase
 - i. Melissa reached out to Pocahontas Hospital about purchasing diapers. The hospital decided to keep it strictly for their employees only.
 - b. Safe Sharps Program
 - i. Policy will be created for this program and will be presented at the next BOH meeting.
 - c. FY26 BOH Salary percentage approval
 - i. The BOH approved a 3% raise for all employees as of July 1, 2025.
- 9. New Business
 - a. FY24 Pocahontas County Audit Exit Conference
 - b. Brittany Howland, HHA Resignation
 - i. Brittany's last day was on February 14, 2025.
 - c. New HCA Hire
 - i. Alyssa Hamre will be starting with our agency on March 24, 2025.
 - d. New RN Hire
 - e. New Community Health Nurse Position
 - i. Motioned by Polly Zaugg, seconded by Kylie Maurer to hire for both the Home Health RN and the Community Health Nurse positions. All ayes, motion carried.
 - f. Provide services to jail inmates
 - i. Sheriff Steve Nelson reached out to Jill about our nurses providing services to the jail inmates instead of them being transferred to the hospital.
 - ii. Jill will touch base with Steve Nelson and see if this is something he would like to move forward with, if so, Jill will create a policy to present to the board.
- 10. Board Concerns/Comments
 - a. None
- 11. Public Comments
 - a. None

12. Next Meeting, Tuesday, May 13, 2025 at 8:00am

13. Adjourn

a. Motioned by Connie Schachtner, seconded by Kyle Smith, to adjourn the meeting. All ayes, motion carried.